

TBILISI & BORJOMI TRAVEL GUIDE

5 DAYS

food · wine · views

KHACHAPURI



BORJOMI



TBILISI



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Travel & food stories from the road

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WHAT THIS GUIDE IS

A cheerful 5-day route through Tbilisi, Mtskheta and Borjomi: scenic lunches, cable-car views, sulfur baths, Georgian wine, khinkali, mineral springs and one last khachapuri breakfast.

DAY 1

FIRST TASTE OF TBILISI

Arrival day: lunch with a view, the cable car, the Botanical Garden and a wine-bar finish.

LUNCH • SOFIKO



START HERE

Check in, drop the bags and head straight to lunch. Sofiko is a perfect first stop if you want that instant “we are in Tbilisi” feeling.

AFTERNOON ROUTE

Walk through the center → Rike Park → cable car → Botanical Garden → sunset.

WHY IT WORKS

The first day stays scenic but easy. You get the city view, some greenery and enough time to settle in without rushing.

DINNER • DADI



DADI WINE BAR

4 Shalva Dadiani St. Order Georgian food, choose a bottle of local wine and let the evening run long.

PRO TIP

No heroic sightseeing on arrival day. Lunch, a sunset and one great wine bar are enough.

DAY 2

MTSKHETA DAY TRIP

A short trip for Jvari views, old streets and a khinkali dinner back in Tbilisi.

MTSKHETA



GETTING THERE

Take the train from the Technical University area or use a taxi. Taxi is easiest if you want to go straight up to Jvari.

JVARI FIRST

Head to the monastery on the hill for the huge view over the valley and river confluence.

THEN LUNCH

Come down for lunch at Tatin, then walk around Mtskheta before returning to Tbilisi.

CHASHNAGIRI



EVENING

Dinner at Chashnagiri, 25 Kote Abkhazi St. Tonight's mission is simple: khinkali. Lots of them.

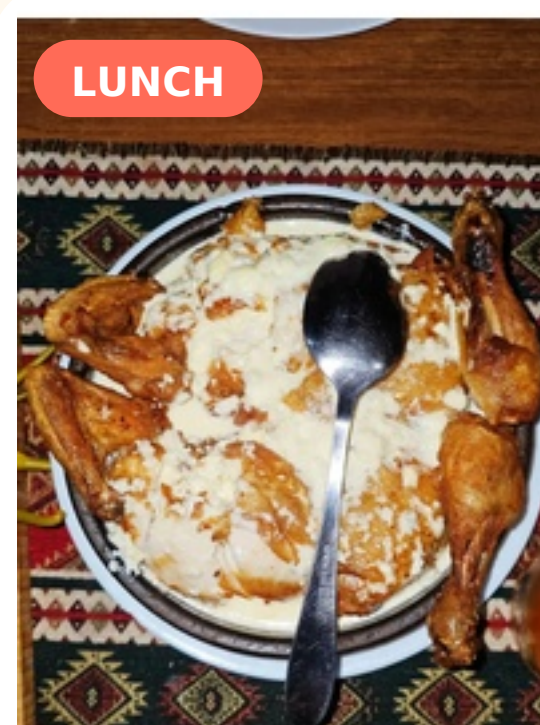
PACING

Go early enough that Mtskheta still feels relaxed. This works best as a half-day outing, not a race.

DAY 3

OLD TBILISI, BATHS & FOOD

Clock tower, sulfur baths, a waterfall, adjika ice cream and two classic food stops.

RACHA DUKHAN**VERIKO****GEORGIAN BITES****LUNCH****12:00**

Be at the Gabriadze Clock Tower for the little show.

WALK

Continue through Abanotubani sulfur baths and follow the gorge to the waterfall.

SNACK

Try the adjika ice cream at Cone Culture.

LUNCH — RACHA DUKHAN

20 Shalva Dadiani St. Old-school, hearty and full of local flavor.

DINNER — VERIKO

1 Vasil Petriashvili St. A polished finish after your riverfront walk.

SUGGESTED FLOW

Gabriadze → sulfur baths → waterfall → Cone Culture → Racha Dukhan → river walk → Veriko.

DAY 4

BORJOMI RESET

Trade city energy for mountain air, mineral springs, misty streets and a much slower pace.

SPRINGS



LOCAL FRIEND



MISTY TOWN



MORNING PLAN

Travel to Borjomi, check in, then eat something simple on the way to the cable car.

WEATHER ALERT

Check the forecast. Borjomi can feel much colder than Tbilisi, especially in rain or cloud. Bring a warm layer.

BORJOMI PARK

Ride up, walk through the park and forest, explore the mineral springs and make time for the pools.

DINNER — PESVEBI

In the evening, have dinner at Pesvebi. A cozy Borjomi stop for a relaxed meal after the park and springs.

EVENING MOOD

No overplanning tonight: warm food, an easy walk and a quiet Borjomi evening.

DAY 5

BACK TO TBILISI

A slow Borjomi morning, one last city view, comfort food and a final wine-bar night.

MORNING

Breakfast in Borjomi, a final little walk, then return to Tbilisi.

FINAL VIEWPOINT

Before dinner, go up to the fortress area and see the Mother of Georgia. Take in one last big panorama over the city.

DINNER

Pasanauri — 17/26 Nikoloz Baratashvili. Go full Georgian comfort-food mode.

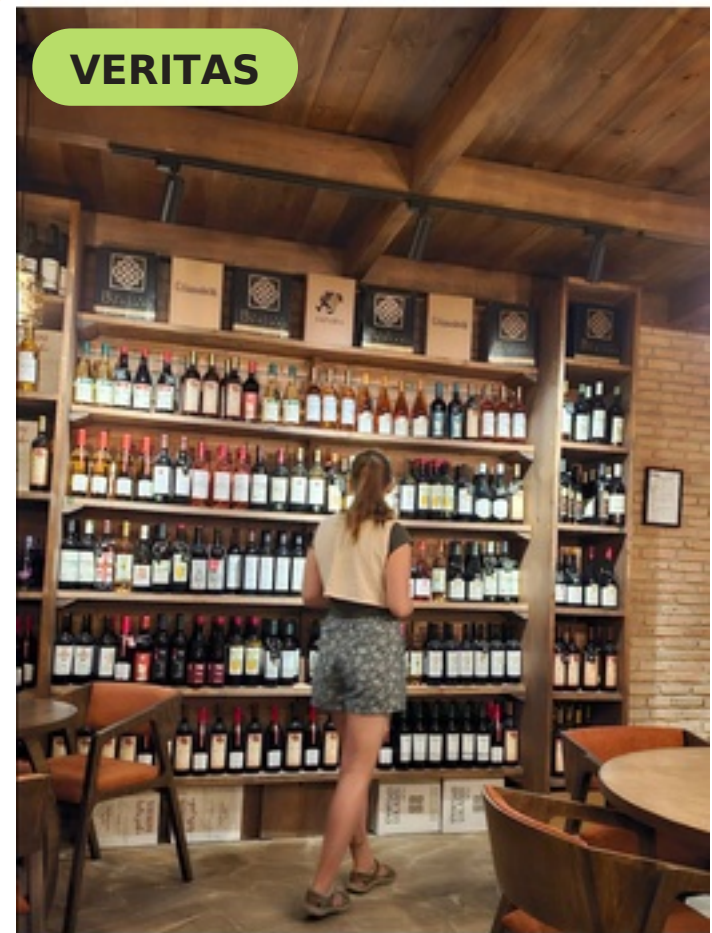
AFTERPARTY

Veritas Wine Bar — 23 Galaktion Tabidze St. One last bottle, one last toast.

PASANAURI



VERITAS



THE FINISH

This evening is deliberately simple: view → dinner → wine bar. No extra sightseeing required.

DAY 6

ONE LAST KHACHAPURI

The unofficial bonus morning: coffee, hot cheese bread and a final slow stroll before goodbye.

FAREWELL BREAKFAST



HOW TO END THE TRIP

Keep it simple. Order khachapuri, sit a little longer than planned and let the last morning stay slow. No heroic sightseeing required.

SAVE THIS ROUTE

Day 1 — Sofiko → Rike Park → cable car → Botanical Garden → DADI

Day 2 — Mtskheta → Jvari → Tatin → Chashnagiri

Day 3 — Gabriadze → sulfur baths → waterfall → Cone Culture → Racha Dukhan → Veriko

Day 4 — Borjomi → cable car → park → springs → Pesvebi

Day 5 — Borjomi morning → Mother of Georgia → Pasanauri → Veritas

Day 6 — farewell khachapuri breakfast

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